Executive Functioning (EF), working memory, and memory skills are cognitive processes that develop and impact students’ academic skills. This one-day workshop which will provide a basic overview of EF, will teach you everything you would like to know about how the brain collects, acts and retrieves information for future reference. Participants will be introduced to practical approaches for teaching EF in the classroom, exploring concepts of modifications, accommodations, classroom management, and intervention strategies to assist students.

The full-day workshop will focus on the following topics:

**MORNING: Executive Functioning (EF)**
- Introduction to EF Skills and brain development
- Teaching routines to promote EF skill development for all students

**AFTERNOON: Memory**
- Working short term and long term memory: the brain areas responsible for memory development
- Relationship between memory skills and EF

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